



Cystic lesions of the pancreatic-duodenal region: a pictorial review

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Learning objectives

To describe and illustrate the imaging findings of pancreatic and duodenal cystic lesions, emphasizing the contribution of cross-sectional imaging modalities to the differential diagnosis.

Background

Pancreas and duodenum are anatomically close retroperitoneal organs. Both may develop cystic lesions; therefore, it is sometimes difficult to establish the lesion's organ of origin. However, some imaging features together with the clinical setting may help to make the differential diagnosis.

Imaging findings OR Procedure details

DUODENAL CYSTIC LESIONS

Cystic lesions of the duodenum are almost always benign.

They may be:

- congenital or acquired
- intraluminal, intramural or extramural
- primary or secondary

DUODENAL CYSTIC LESIONS DUODENAL CYSTIC LESIONS PRIMARY SECONDARY True Diverticulum Duplication Cyst Cystic Dystrophy of the Duodenal Wall ACQUIRED Pseudodiverticulum Intramural pseudocyst

Fig. 1: Duodenal Cystic Lesions

References: C. Ruivo: Coimbra, PORTUGAL

Extramural and intraluminal diverticula communicate with the duodenal lumen.

- # They are generally asymptomatic unless complicated:
- Diverticulitis (inflammation)
- Acute abdomen (perforation)
- Upper gastrointestinal bleeding (hemorrhage)
- Pancreatitis (pancreatic stasis)
- Cholangitis and cholecistitis (biliary stasis)
- Bowel obstruction (intraluminal diverticulum)

PRIMARY

* Extramural diverticulum

True diverticulum

- This results from failure of the recanalization process of the duodenal lumen during embryogenesis
- · It is composed of all the layers of the intestinal wall

Pseudodiverticulum

- Due to the herniation of the submucosal and mucosal layers through a duodenal muscular defect
- Contrary to true diverticula, pseudodiverticula do not contain the muscular layer of the duodenal wall

The most frequent location of extramural diverticula is on the mesenteric border of the 2nd or 3rd portions of the duodenum.

They extend towards the pancreas and when fluid-filled they can be misdiagnosed as a cystic lesion of the pancreatic head.

¤ Abdominal CT/MRI:

- Air-fluid, fluid or residual particulate food-filled mass along the medial wall of the 2nd or 3rd portions of the duodenum
- Thin enhancing wall
- Communication with the duodenal lumen
- +/- dilated bile duct and/or pancreatic duct

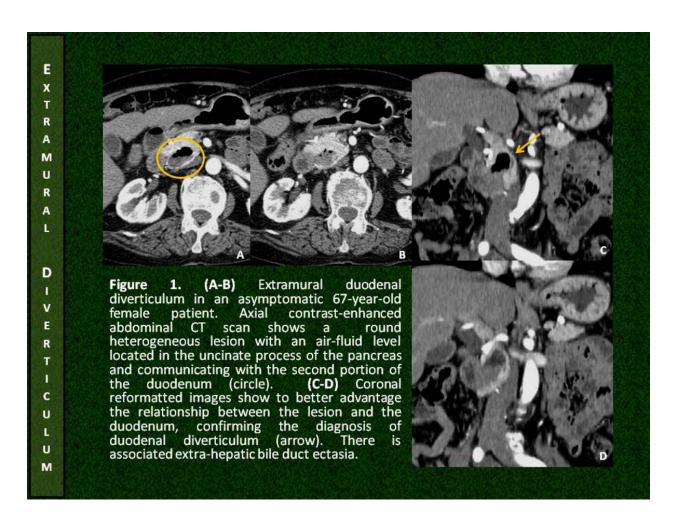


Fig. 2: Extramural Diverticulum - CT References: C. Ruivo; Coimbra, PORTUGAL

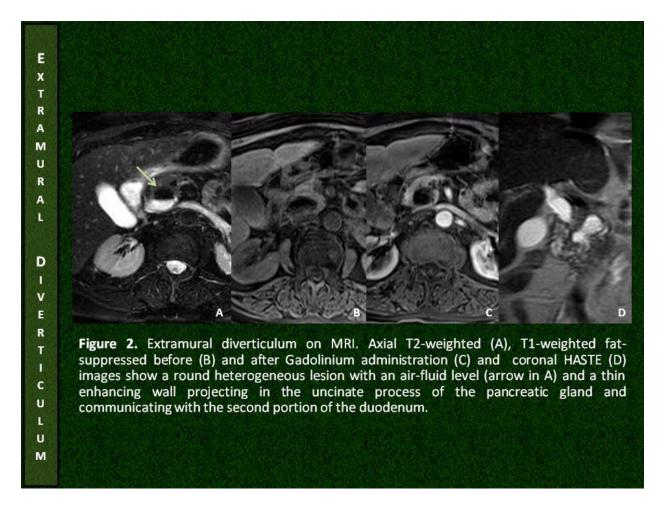


Fig. 3: Extramural Diverticulum - MRI References: C. Ruivo; Coimbra, PORTUGAL

* Intramural / inverted diverticulum

This is a rare developmental anomaly usually found within the 2nd or 3rd portions of the duodenum. It has the appearance of a "thumb of a glove" and it is lined by mucosa on both surfaces. It develops between the fourth and eighth week of the embryo's life, but it increases in size during adult life.

¤ Abdominal CT:

- Fluid or residual particulate food-filled rounded lesion in the lumen of the 2nd or 3rd portions of the duodenum
- Thin enhancing wall ("double-walled appearance" or "halo sign")
- Better seen with oral contrast administration.

* Duplication cyst

- 5% of all small bowel duplications
- · Most often located on the mesenteric side of the second and third portions of the duodenum
- · Wall consisting of enteric or heterotopic mucosa and a muscular layer which is in continuity with the one of the duodenum
- The lumen of the cyst generally does not communicate with the duodenal lumen
- Adult patients typically present with symptoms of bowel obstruction, but may also develop biliary obstruction and pancreatitis
- · Complications: hemorrhage, perforation and malignant transformation

¤ Abdominal CT/MRI:

- Well-circumscribed cystic mass along the mesenteric border of the descending duodenum
 - high density content # blood clot
 - mural nodules # carcinoma
- It can cause mass efect and eventually luminal compression.

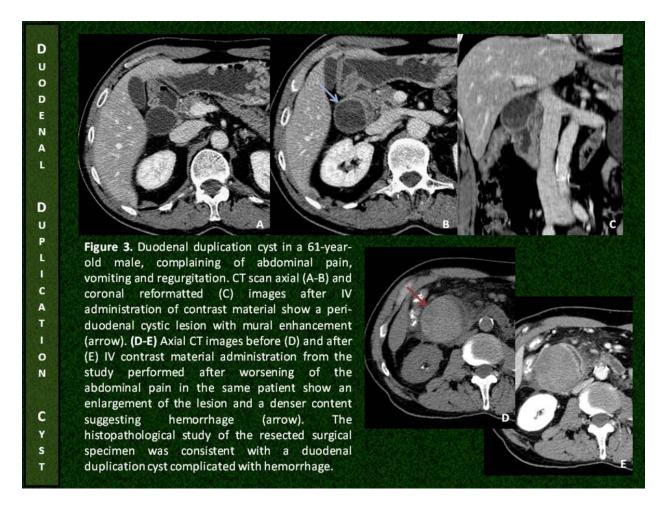


Fig. 4: Duodenal Duplication Cyst References: C. Ruivo; Coimbra, PORTUGAL

* Cystic dystrophy of the duodenal wall

- · It is characterized by the presence of heterotopic pancreatic tissue within the duodenal wall.
- The pancreatic duct's obstruction of this ectopic pancreas results in an inflammatory process and production of cystic lesions in the duodenal wall thickness
- Two patterns are described according to the cyst size:
- # < 1 cm: solid pattern (uncommon)
- # simulates duodenal neoplasm
- # > 1 cm: cystic pattern (more common)
- # mimics intramural pseudocyst

¤ Abdominal CT:

- Multiple small and elongated cysts within duodenal wall
- Mural thickening of the descending duodenum
- +/- stenosis of the duodenal lumen

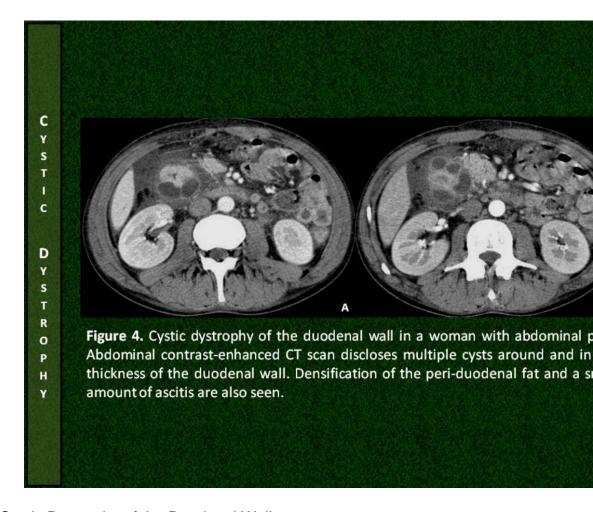


Fig. 5: Cystic Dystrophy of the Duodenal Wall *References:* C. Ruivo; Coimbra, PORTUGAL

* Choledococele

- · Cystic dilatation of the intramural segment of the bile duct
- It arises due to a pancreaticobiliary maljunction, which allows reflux of pancreatic fluid into the biliary tree, resulting in parietal weakness.
- · It corresponds to the type III of the Todani's classification scheme of choledocal cysts.
- · It can manifest with abdominal pain, recurrent pancreatitis or cholangitis and cholangiocarcinoma.

- Biliary stasis favors the development of calculus.

¤ Abdominal CT:

- Cystic mass in the duodenal lumen, at the periampullar level
- Communicates and continues with the bile and pancreatic ducts
- Signs of acute or chronic pancreatitis
- Bile stones

¤ MRCP:

- Cystic dilatation of the intramural portion of the common bile duct
- +/- calculus

PANCREATIC CYSTIC LESIONS

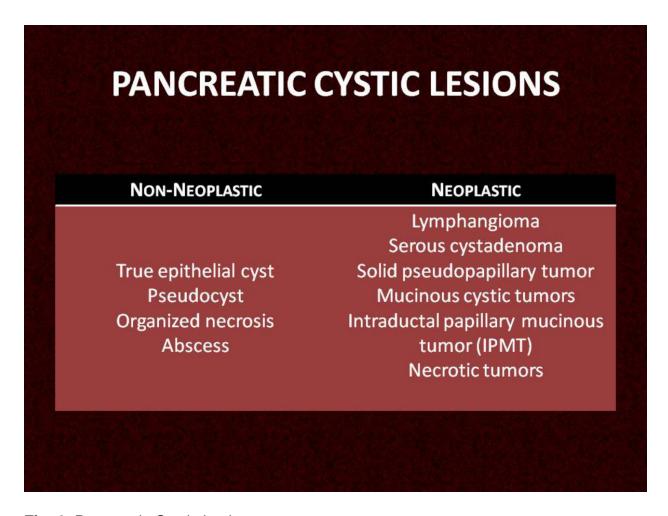


Fig. 6: Pancreatic Cystic Lesions

References: C. Ruivo; Coimbra, PORTUGAL

NON-NEOPLASTIC

* True epithelial cyst

- Congenital cystic mass which results from an abnormal segmentation of the primitive ducts
- · It may be single or multiple, uni or multilocular and has a variable size
- · Frequently associated with genetic disorders:
- # Cystic fibrosis
- # Von Hippel-Lindau disease
- # Adult polycystic kidney disease

¤ Abdominal CT:

- Well-defined round and homogeneous mass of low attenuation (0-20HU)
- Thin imperceptible wall
- No enhancement after iv contrast administration

¤ Abdominal MRI:

- Well-defined round mass without solid compound
- T1: low signal intensity; T2: very high signal intensity

* Inflammatory cysts

- These include the complications of severe acute pancreatitis: pancreatic pseudocyst, abscess and organized necrosis
- · Unilocular or multilocular

Pseudocyst

· It appears within 4-6 weeks after the onset of acute pancreatitis

- · It may arise in the setting of chronic pancreatitis
- Unlike congenital cysts, pseudocysts lack an epithelial wall; instead, they are surrounded by non-epithelialized granulation tissue.
- · Complications: hemorrhage, superinfection, rupture and obstruction of adjacent viscera.

¤ Abdominal CT/MRI:

- Round or oval, unilocular cystic mass which may have homogeneous or heterogeneous (mixed density/intensity) content
- 85% are located in the pancreatic body and tail; 15% in the pancreatic head; sometimes they penetrate into the duodenal wall
- Smooth thin or uniform thick wall which enhances after iv contrast administration

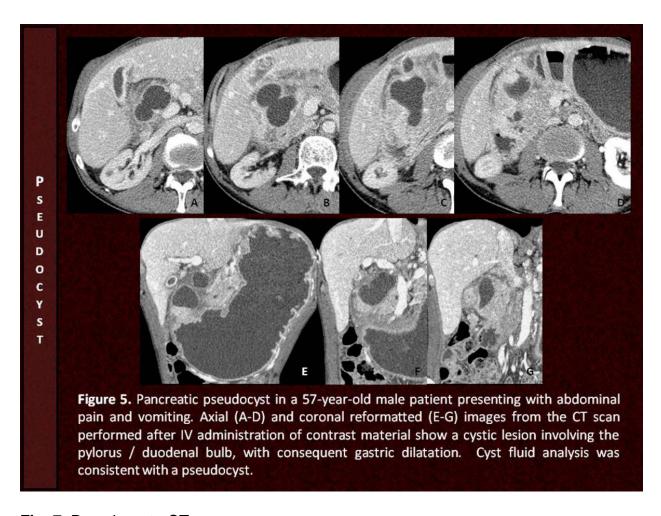


Fig. 7: Pseudocyst - CT

References: C. Ruivo; Coimbra, PORTUGAL

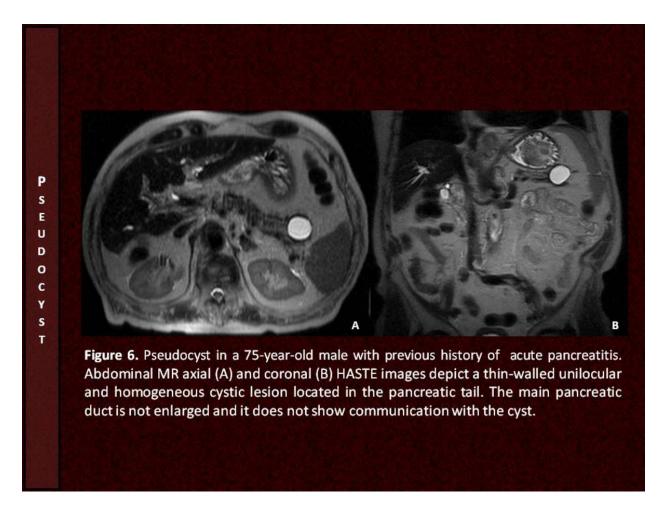


Fig. 8: Pseudocyst - MRI

References: C. Ruivo; Coimbra, PORTUGAL

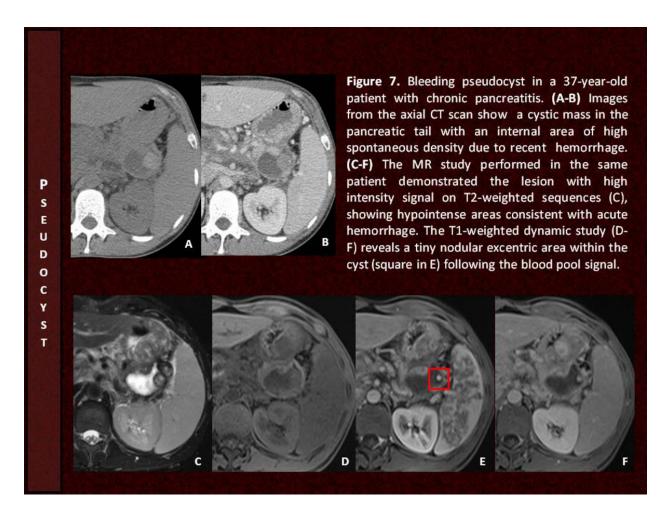


Fig. 9: Bleeding pseudocyst

References: C. Ruivo; Coimbra, PORTUGAL

Organized pancreatic necrosis

- It consists of diffuse or focal areas of nonviable pancreatic tissue, involving > 30% of the glandular tissue.
- · With time, areas of necrosis liquefy and produce a uni- or multiloculated fluid collection which replaces pancreatic parenchyma and expands within the pancreatic bed.

¤ Abdominal CT:

- Uniloculated or septated fluid collection replacing previously necrotic pancreatic parenchyma
- It may be homogeneous or heterogeneous (debris)

 Gas bubbles in the collection (in the absence of previous percutaneous intervention or a gastrointestinal fistula) suggest infection, but its absence does not exclude superinfection.

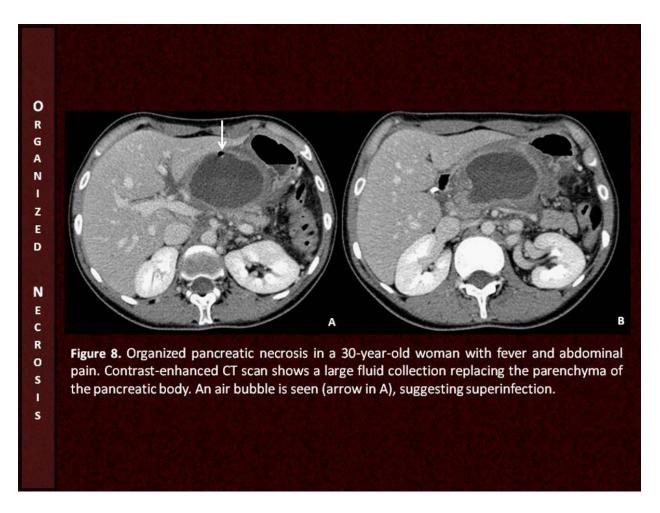


Fig. 10: Organized Pancreatic Necrosis References: C. Ruivo; Coimbra, PORTUGAL

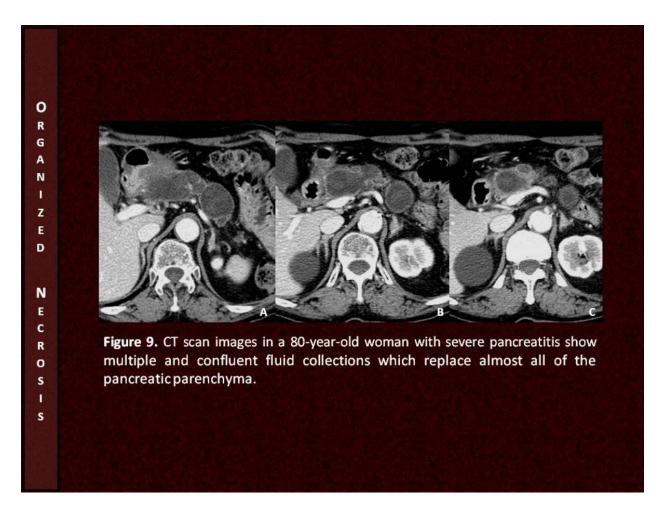


Fig. 11: Organized Pancreatic Necrosis References: C. Ruivo; Coimbra, PORTUGAL

Pancreatic abscess

- It is a late complication (> 5 weeks)
- · Unlike pseudocyst, it has a thick and/or irregular wall
- · In contrast to organized necrosis, it does not replace the pancreatic parenchyma but appears close to the gland

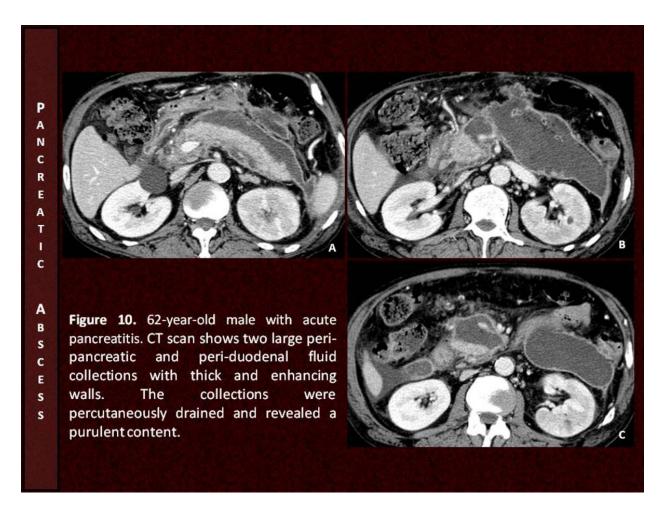


Fig. 12: Pancreatic Abscess References: C. Ruivo; Coimbra, PORTUGAL

NEOPLASTIC

PANCREATIC CYSTIC LESIONS BENIGN MALIGNANT Mucinous cystadenocarcinoma Solid pseudopapillary tumor Intraductal papillary mucinous tumor (IPMT) Cystic islet cell tumor Necrotic metastasis Necrotic adenocarcinoma

Fig. 13: Neoplastic Pancreatic Cystic Lesions References: C. Ruivo; Coimbra, PORTUGAL

* Cystic lymphangioma

- Due to a congenital dilatation of the lymphatic ducts
- The mesenteric form is more frequent than the pancreatic one
- · Women are more frequently affected

¤ Abdominal CT/MRI:

- Well-circumscribed and multiloculated cystic mass, located in or adjacent to the pancreatic gland
- Thin septa and wall enhance after iv contrast administration
- T1: hypointense or hyperintense (cystic content rich in protein); T2: hyperintense

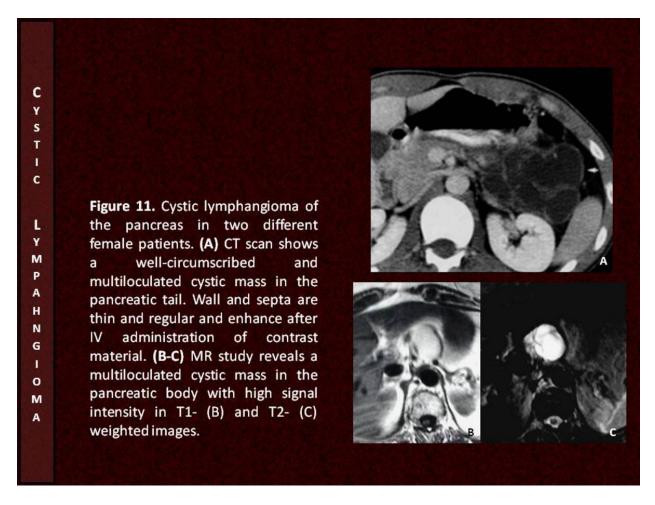


Fig. 14: Cystic Lymphangioma References: C. Ruivo; Coimbra, PORTUGAL

* Serous cystadenoma

- Microcystic lesion # collection of cysts (more than 6) that range from a few milimeters up to 2 cm in size
- · The oligocystic variant also exists (10%) and simulates a mucinous cystic tumor
- It affects elderly women (> 60 years old)

¤ Abdominal CT:

- Multiloculated cystic mass with an internal honeycomb pattern and lobulated contours
- More frequently located in the pancreatic head
- Central stellate scar with calcification (30%) is pathognomonic

- May simulate a solid mass when internal cysts are very small
- Thin septa and wall enhance after iv contrast administration

¤ Abdominal MRI:

- Cluster of small cysts with no communication with the pancreatic duct
- Cysts T1: hypointense; T2: hyperintense
- Scar and septa T1 and T2: hypointense; signal void if calcificied scar; T1
 after Gadolinium (Gd): delayed enhancement of the wall, septa and central
 scar
- # Some features may help to distinguish the oligocystic/macrocystic variant from mucinous cystic tumors:
- Specific location (pancreatic head)
- Lobulated contours

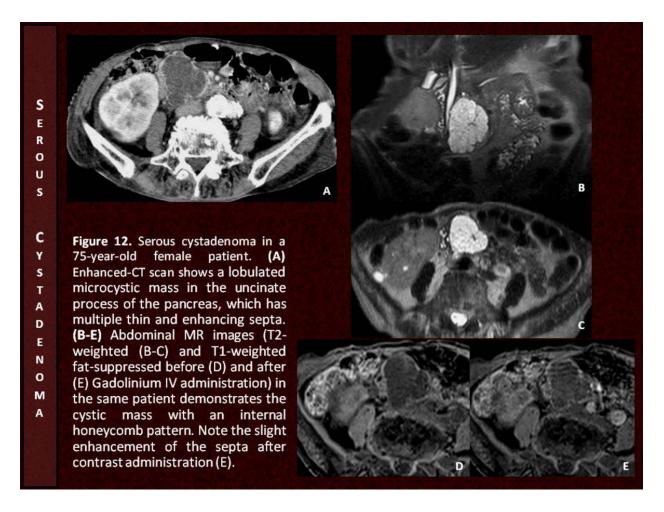


Fig. 15: Serous Cystadenoma

References: C. Ruivo; Coimbra, PORTUGAL

* Mucinous cystic tumors

- # Unilocular or macrocystic lesion # composed of less than 6 cysts larger than 2 cm
- # They do not communicate with the pancreatic duct
- # Benign lesions have a high potencial for malignancy and are indistinguishable from malignant lesions in imaging modalities # all mucinous tumors should therefore be surgically removed

Mucinous cystadenoma

- · Most common in women in the fifth and sixth decades
- · Predominates in the body and tail of the pancreas

¤ Abdominal CT:

- Unilocular or mildly septated cystic lesion
- Thick enhancing wall +/- curvilinear calcifications

¤ Abdominal MRI:

- Unilocular or mildly septated cystic lesion
 - T1: homogeneous low signal intensity (more frequent) or increased intrinsic signal intensity (due to mucin);
 - T2: homogeneous high signal intensity
- Thick enhancing wall and mildly thickened and enhancing septa at delayedphase imaging

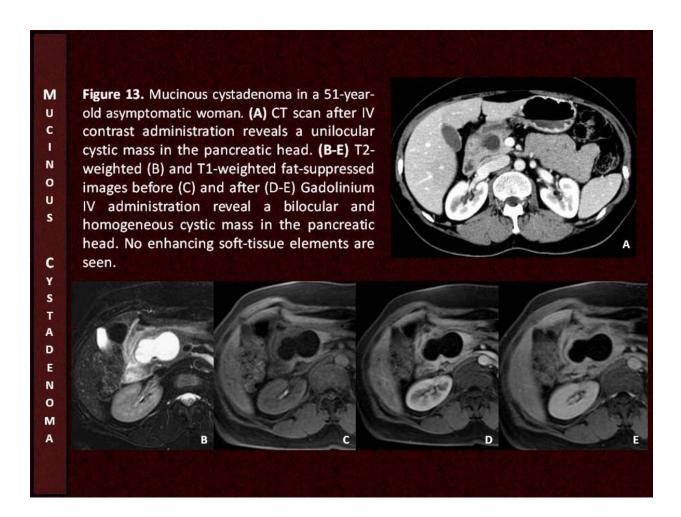


Fig. 16: Mucinous Cystadenoma References: C. Ruivo; Coimbra, PORTUGAL

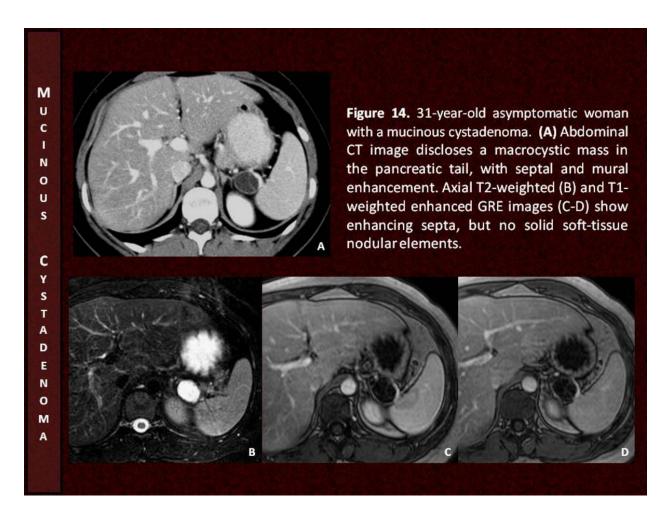


Fig. 17: Mucinous Cystadenoma References: C. Ruivo; Coimbra, PORTUGAL

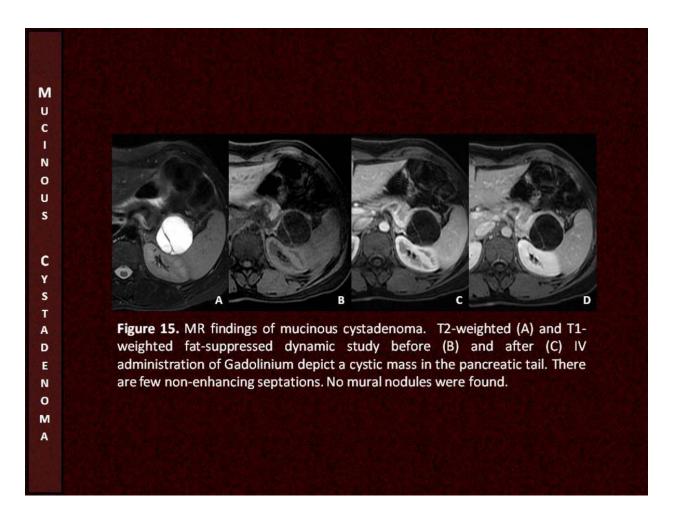


Fig. 18: Mucinous Cystadenoma References: Filipe Caseiro Alves, PhD

Mucinous cystadenocarcinoma

- · Affects older women
- · Imaging findings may be the same of the mucinous cystadenoma
- Enhancing intracystic nodular excrescences and septation are suspicious of malignancy

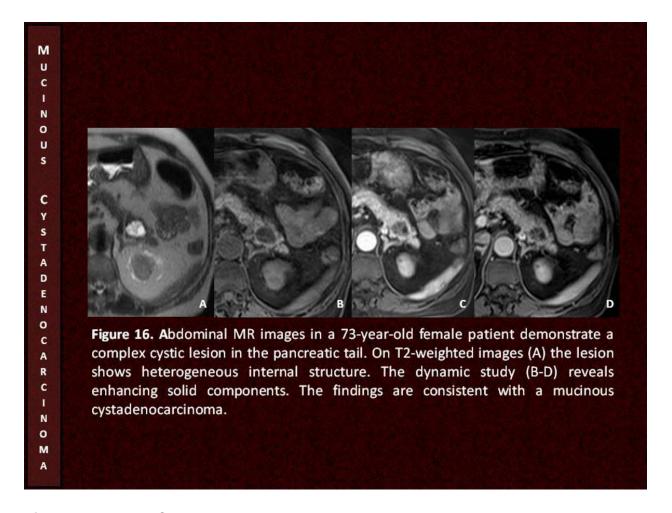


Fig. 19: Mucinous Cystadenocarcinoma References: C. Ruivo; Coimbra, PORTUGAL

* Solid pseudopapillary tumor

- · It has a high incidence in young women (mean, 25 years old)
- Consists of cystic and solid components
- · More frequently involves the pancreatic tail but it can be found in any portion of the pancreatic gland
- It has a low potential for malignancy

¤ Abdominal CT:

- Large and well-circumscribed mass, often capsulated
- Variable contents: uniformly cystic, cystic and solid or completely solid, depending on the degree of necrosis and hemorrhage

- Fluid-debris level: hemorrhage in necrotic zone
- Solid areas and peripheral rim enhance progressively after iv contrast administration

¤ Abdominal MRI:

- Large and well-circumscribed mass
- T1: areas of high signal intensity (hemorrhagic necrosis); T2: complex internal signal or completely hyperintense; fluid-debris or fluid-fluid levels
- Fibrous capsule of low signal intensity on T1 and T2

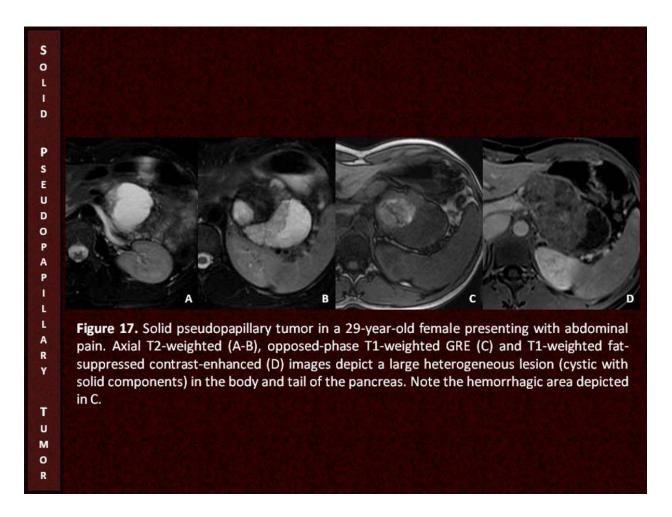


Fig. 20: Solid Pseudopapillary Tumor References: C. Ruivo; Coimbra, PORTUGAL

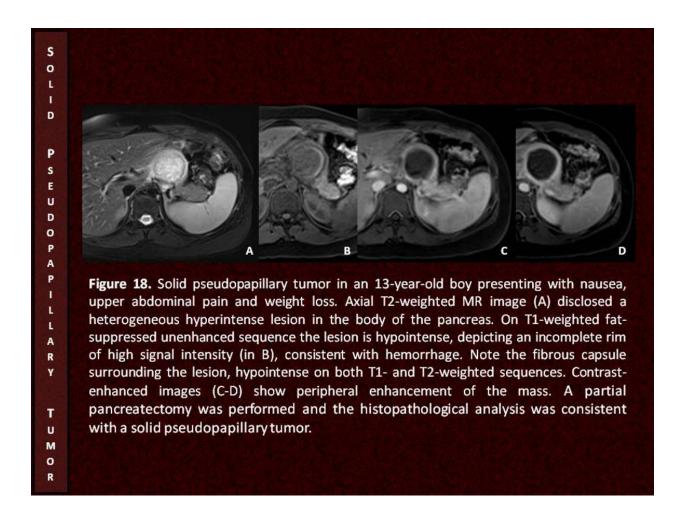


Fig. 21: Solid Pseudopapillary Tumor

References: Hospital Pediátrico de Coimbra, Portugal

* IPMT

- · As with mucinous tumor, IPMT is a mucin-producing pancreatic tumor. However, it communicates with the pancreatic duct, which can be demonstrated in CT and even better with MRCP.
- Affects preferentially old men (60-80 years old)
- · Three types are described in the literature:
- Side-branch type
- Main pancreatic duct type
- Combined type

Side-branch IPMT

- · Predominates in the pancreatic head and uncinate process
- · Arises from cystic dilatation of the side branch ducts by mucin
- Segmental involvement is common

¤ Abdominal CT and MRCP:

- Unilocular cyst or a grape-like cluster of small cysts
- Dilatation of the main pancreatic duct

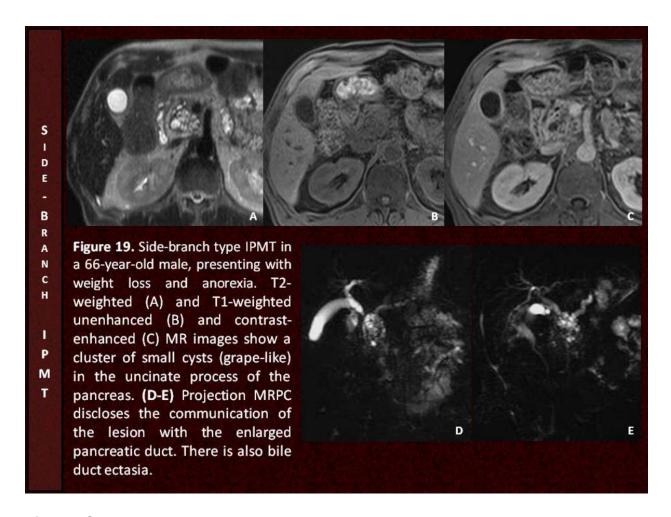


Fig. 22: Side-Branch IPMT *References:* C. Ruivo; Coimbra, PORTUGAL

Main duct IPMT

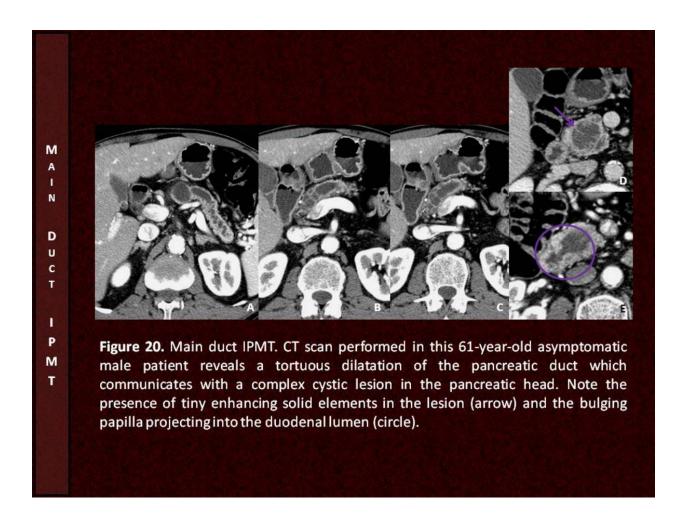
- · It results in cystic dilatation of main pancreatic duct by mucin
- Diffuse involvement of the pancreas is more frequent
- · It is a premalignant lesion

¤ Abdominal CT and MRCP:

- Diffuse /cystic dilatation of the main pancreatic duct +/- intra ductal calcifications
- Atrophy of the gland

Imaging findings suggestive of malignancy

- Lesion size > 3 cm or duct diameter > 15 mm
- Irregularity / thickening of the cysts' walls
- Mural nodules / papillary excrecences
- Diffuse involvement
- Bulging papilla projecting into the duodenal lumen



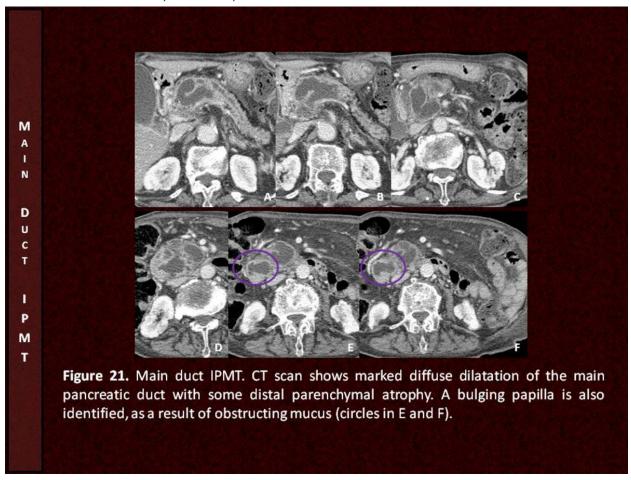


Fig. 24: Main duct IPMT

References: C. Ruivo; Coimbra, PORTUGAL

* Necrotic tumors

- · Primary or secondary
- Ductal adenocarcinoma
- Cystic neuroendocrine tumor
- Metastasis
- Due to cystic degeneration of a solid tumor

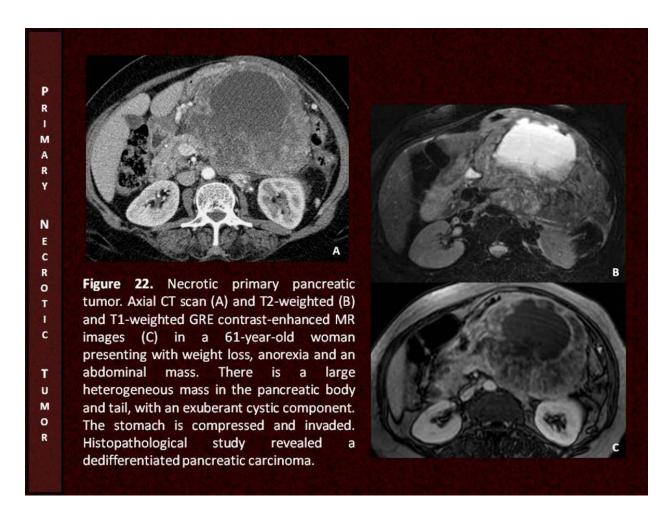


Fig. 25: Dedifferentiated Pancreatic Carcinoma *References:* C. Ruivo; Coimbra, PORTUGAL

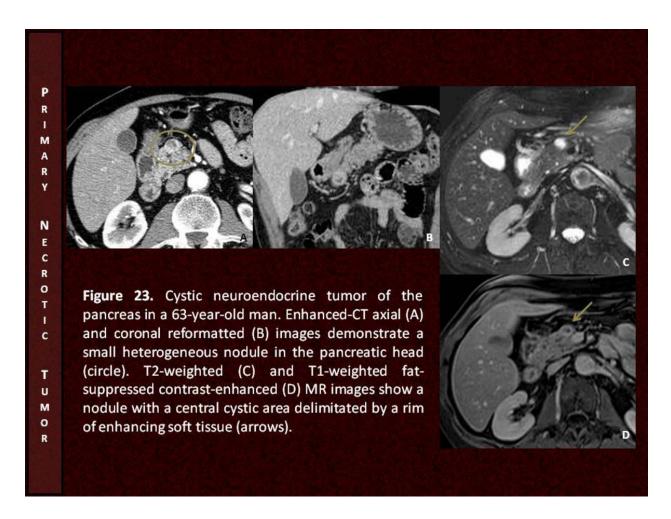


Fig. 26: Cystic Neuroendocrine Pancreatic Tumor *References:* C. Ruivo; Coimbra, PORTUGAL

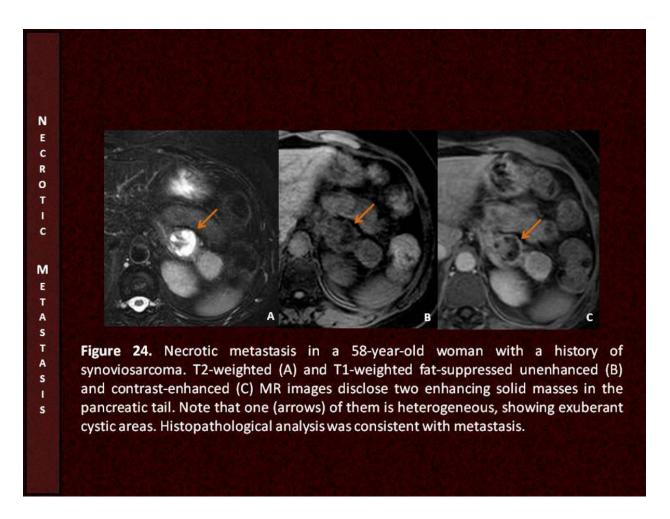


Fig. 27: Pancreatic Metastasis
References: C. Ruivo; Coimbra, PORTUGAL

Images for this section:

DUODENAL CYSTIC LESIONS PRIMARY SECONDARY True Diverticulum Duplication Cyst Cystic Dystrophy of the Duodenal Wall ACQUIRED Pseudodiverticulum Intramural pseudocyst

Fig. 1: Duodenal Cystic Lesions

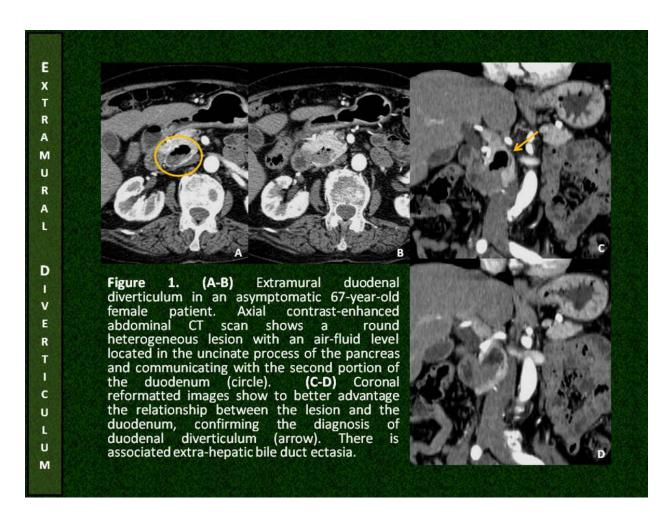


Fig. 2: Extramural Diverticulum - CT

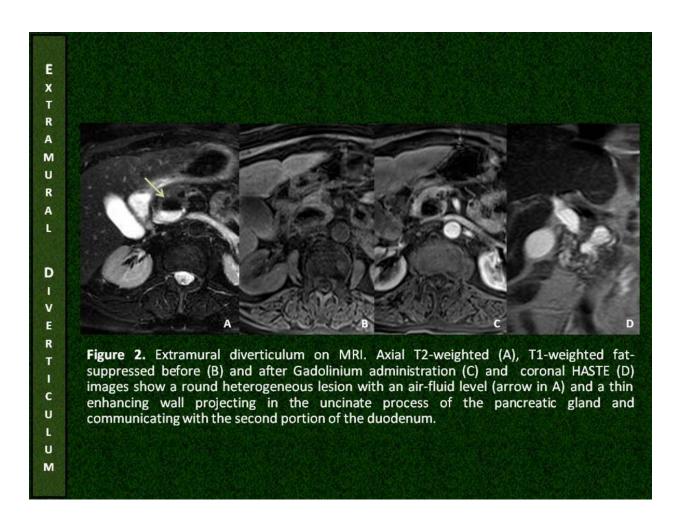


Fig. 3: Extramural Diverticulum - MRI

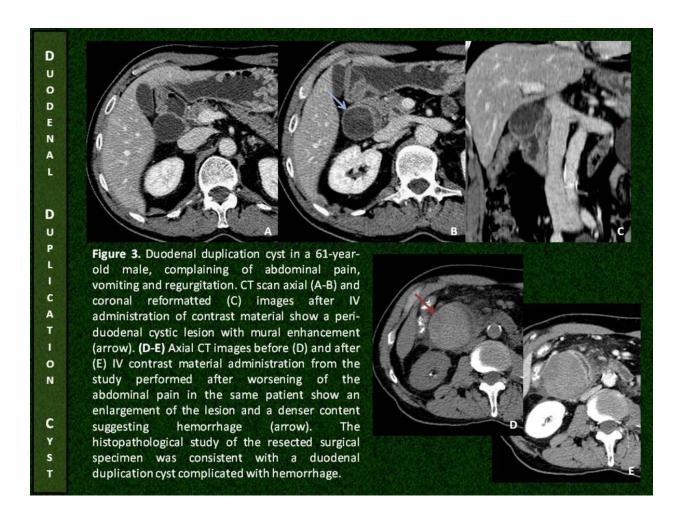


Fig. 4: Duodenal Duplication Cyst

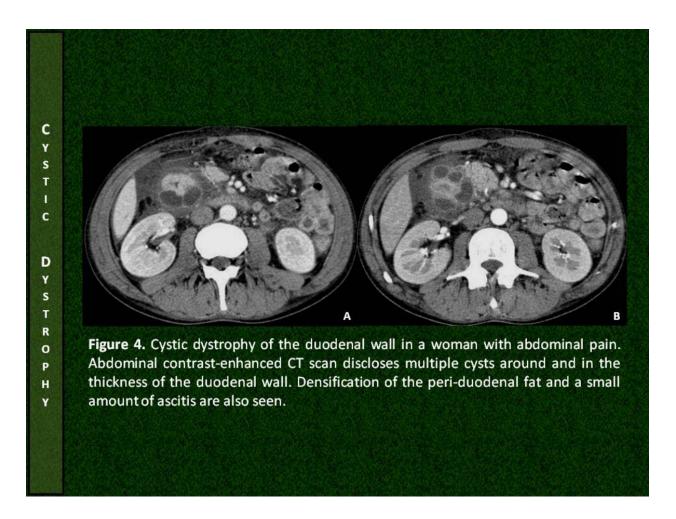


Fig. 5: Cystic Dystrophy of the Duodenal Wall

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Fig. 13: Neoplastic Pancreatic Cystic Lesions

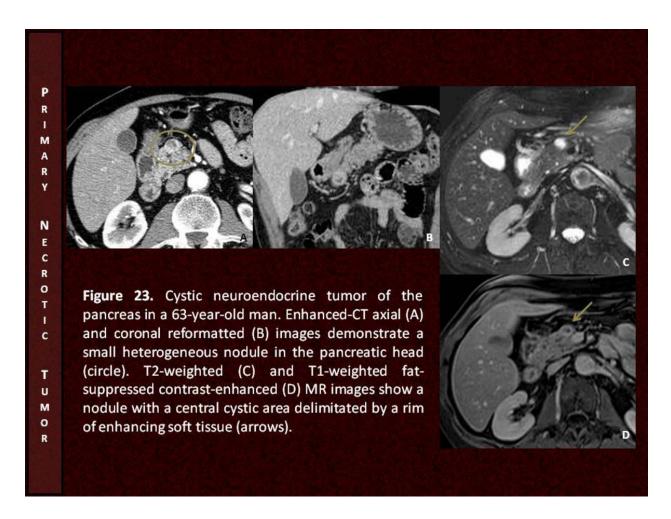


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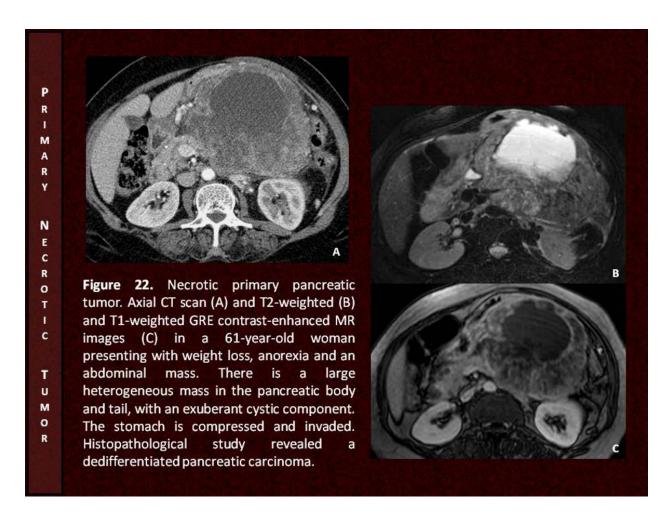


Fig. 25: Dedifferentiated Pancreatic Carcinoma

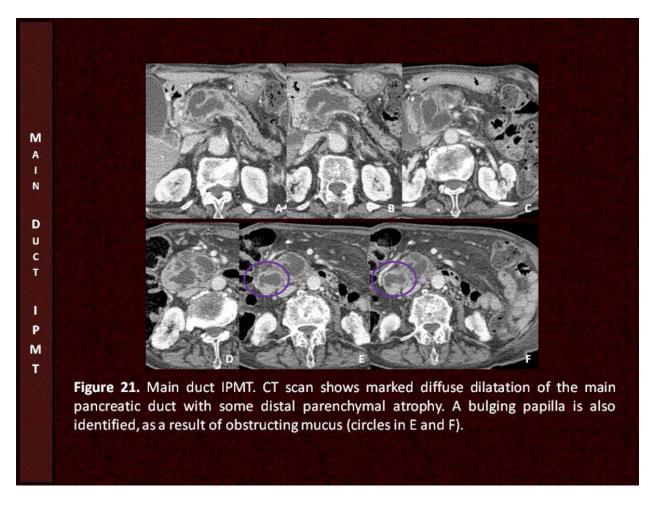


Fig. 24: Main duct IPMT



Fig. 22: Side-Branch IPMT

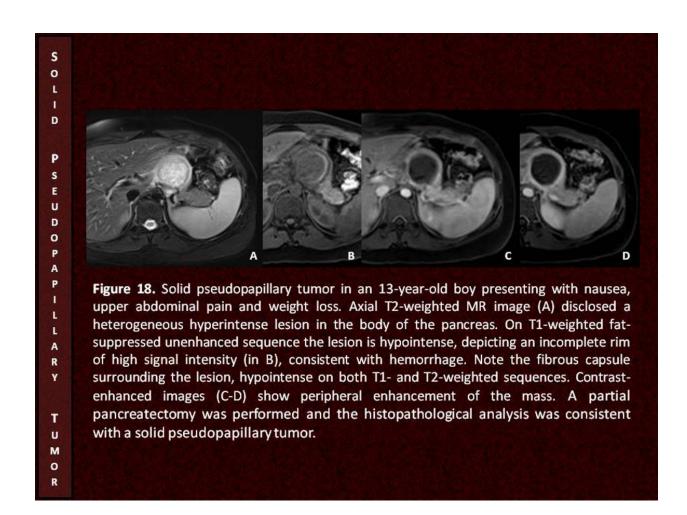


Fig. 21: Solid Pseudopapillary Tumor

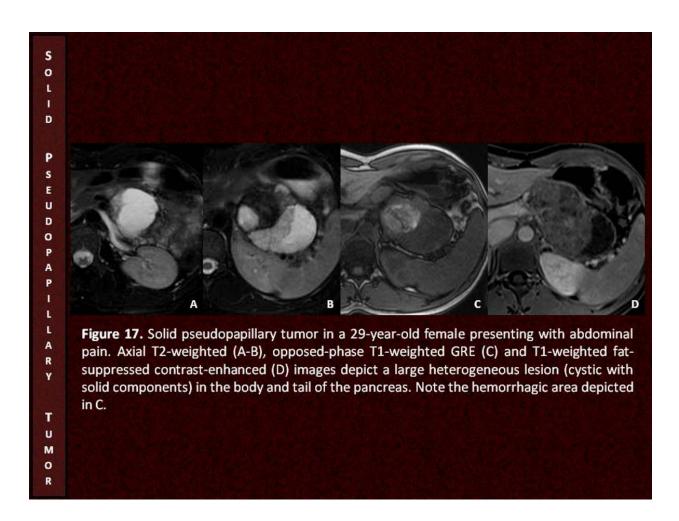


Fig. 20: Solid Pseudopapillary Tumor

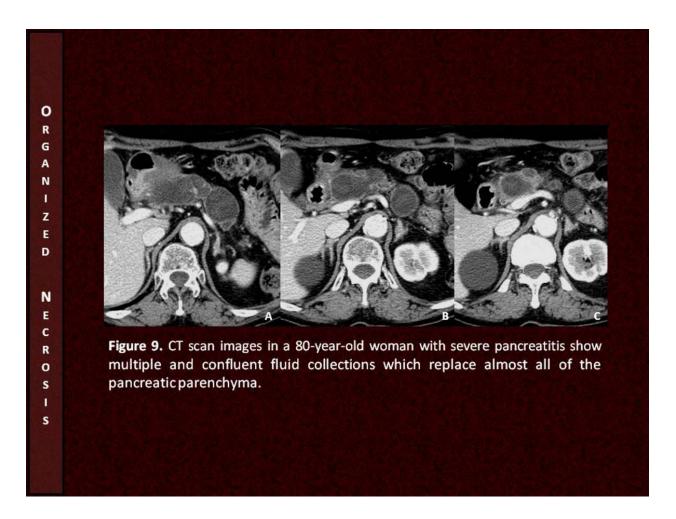


Fig. 11: Organized Pancreatic Necrosis

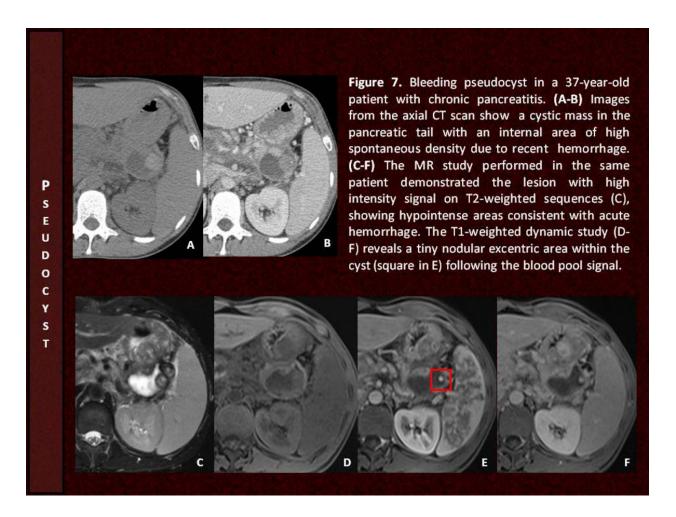


Fig. 9: Bleeding pseudocyst

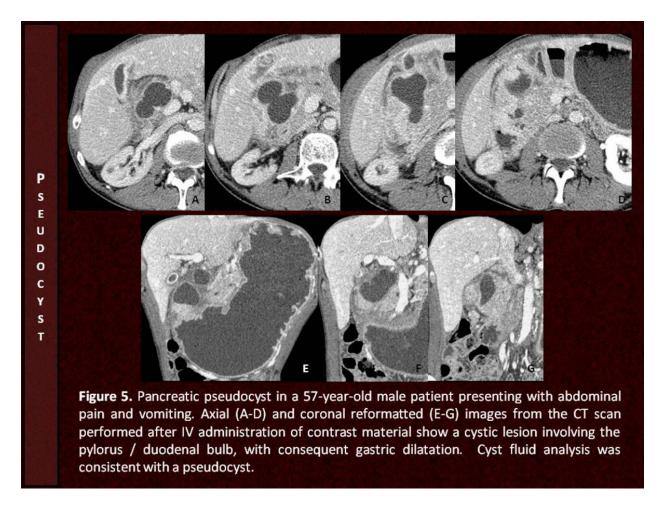


Fig. 7: Pseudocyst - CT

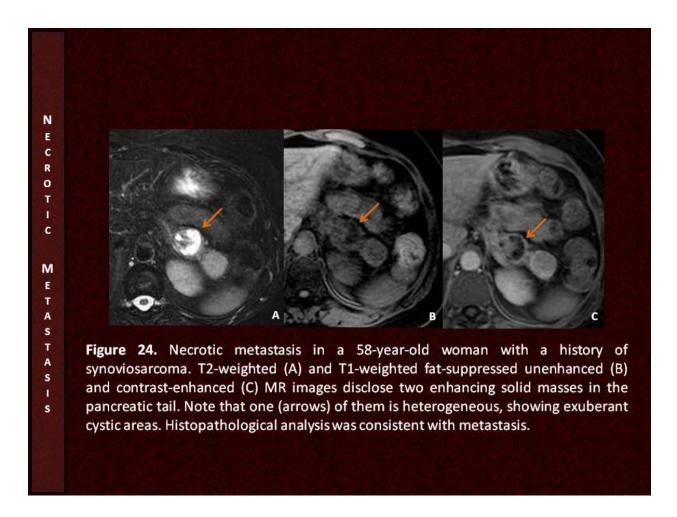


Fig. 27: Pancreatic Metastasis

PANCREATIC CYSTIC LESIONS Non-Neoplastic Lymphangioma Serous cystadenoma True epithelial cyst Pseudocyst Organized necrosis Abscess Intraductal papillary mucinous tumor (IPMT) Necrotic tumors

Fig. 6: Pancreatic Cystic Lesions

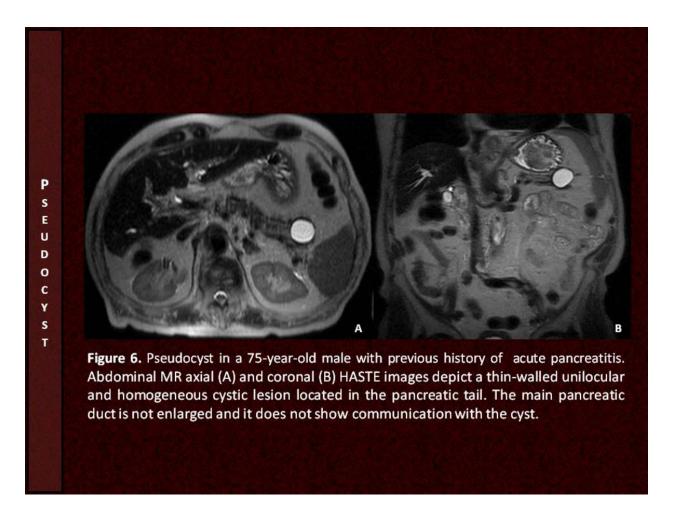


Fig. 8: Pseudocyst - MRI

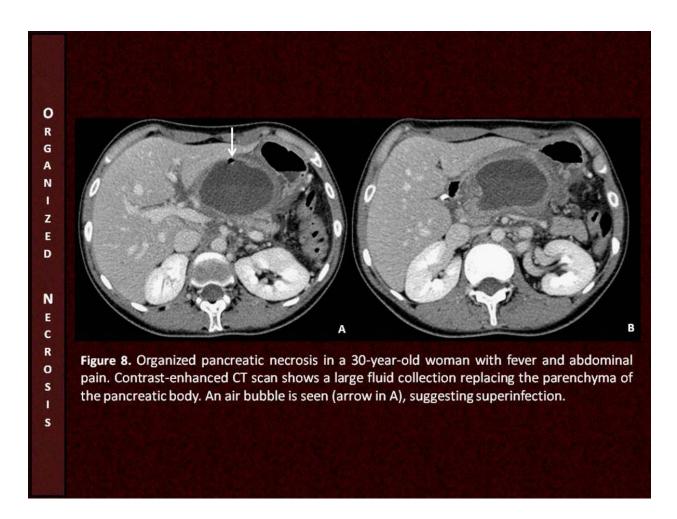


Fig. 10: Organized Pancreatic Necrosis

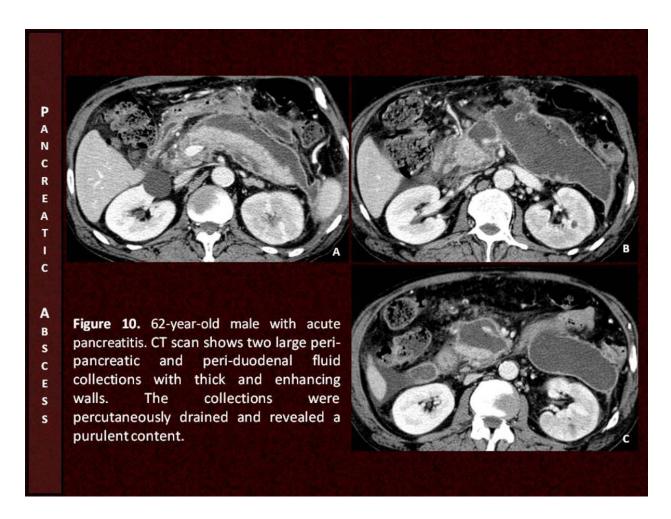


Fig. 12: Pancreatic Abscess

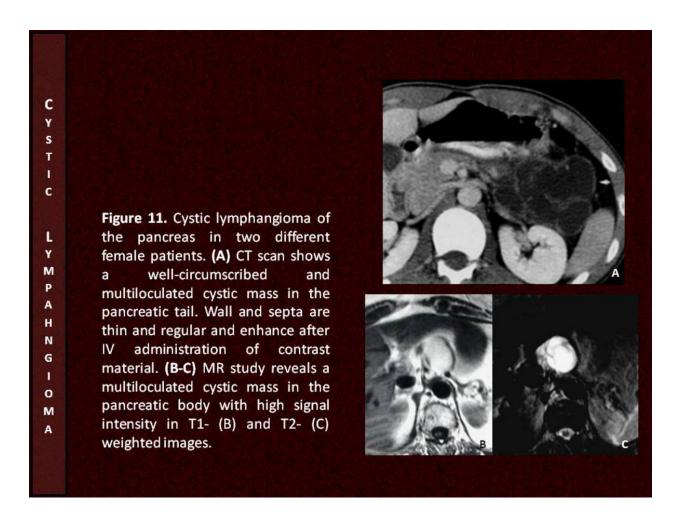


Fig. 14: Cystic Lymphangioma

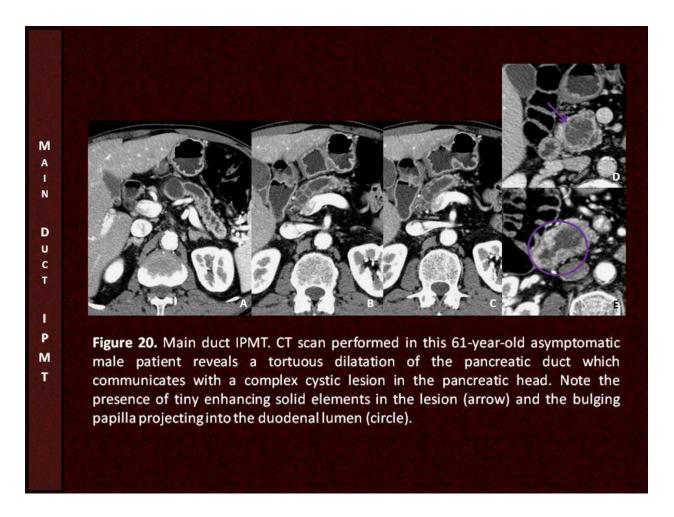


Fig. 23: Main duct IPMT

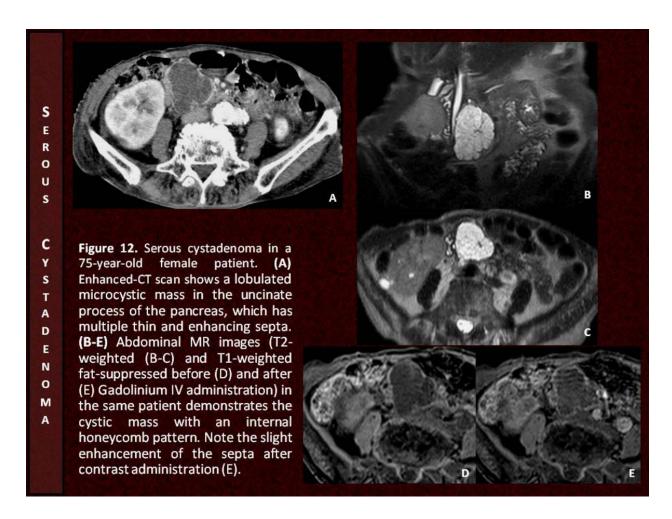


Fig. 15: Serous Cystadenoma

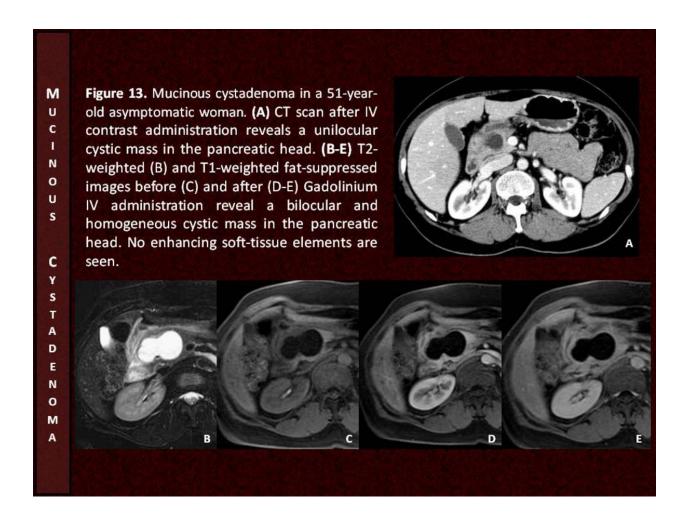


Fig. 16: Mucinous Cystadenoma

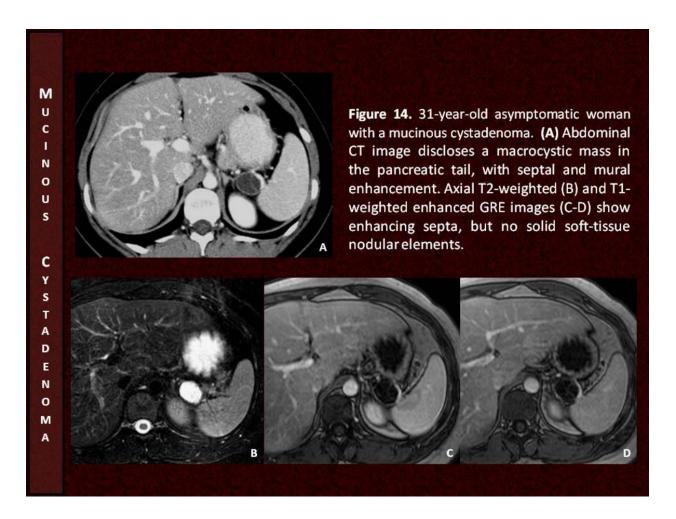


Fig. 17: Mucinous Cystadenoma

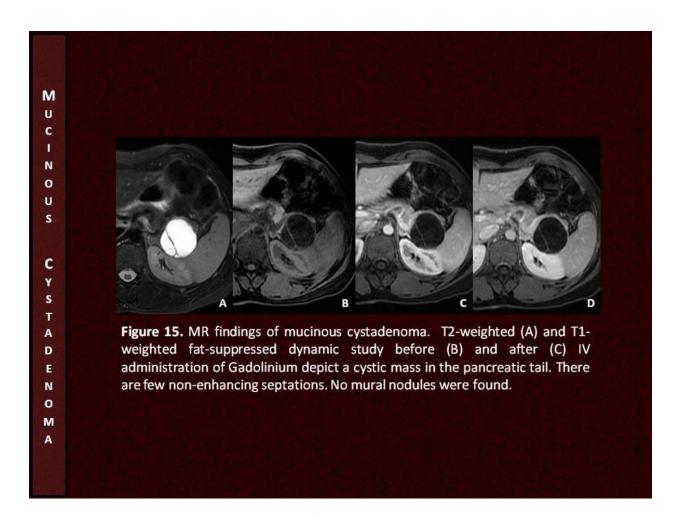


Fig. 18: Mucinous Cystadenoma

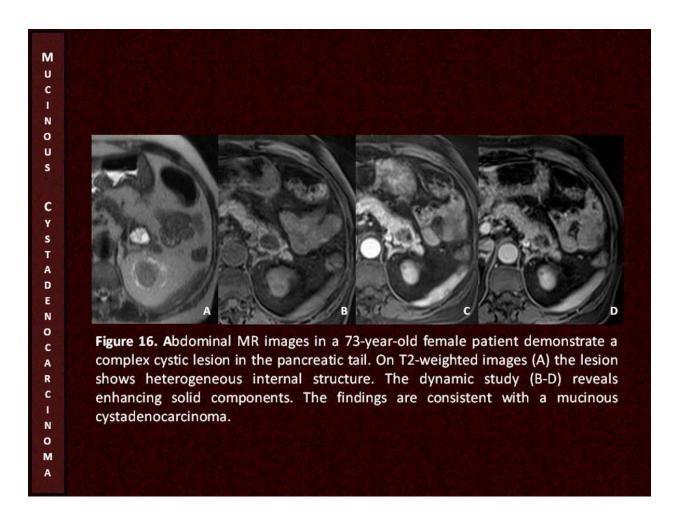


Fig. 19: Mucinous Cystadenocarcinoma

Conclusion

Familiarization with the spectrum of CT and MRI findings of cystic masses of the pancreatic-duodenal region, together with knowledge of the patient's clinical history and laboratory data are essential to make a presumptive diagnosis, in order to ensure proper patient management.

Personal Information

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